

PATHWAY STRENGTH AND CONDITIONING COACH

Part-time - 20 hours per week

Department / Area: Sports Science
Reports to: Senior Strength and Conditioning Coach
Location: Utilita Bowl & Hilton Southampton
Utilita Bowl, Botley Road, West End, Southampton,
SO30 3XH

The Role

The Utilita Bowl is an award-winning sporting venue with a multi-functional site playing host both Hampshire men's and women's professional cricket teams plus a wide range of other exciting events including weddings, exhibitions and concerts such as, Oasis, the Arctic Monkey and Little Mix to name a few.

We seek to appoint appropriately qualified and experienced individuals to take up roles as Pathway Strength and Conditioning Coach (part-time). Reporting into the Senior Strength and Conditioning Coach, the successful candidates will deliver Strength and Conditioning services to the performance pathways at Hampshire County Cricket Club. This is a part-time position consisting of 20hrs per week, working across both the Men's and Women's pathways.

Key Responsibilities

- Provide year-round Strength and Conditioning support to the Men's and Women's performance pathways, in line with the Hampshire CCC LTAD Models.
- Conduct regular profiling and monitoring in accordance with ECB guidelines and frameworks; assessing all areas of physical development, growth and maturation and movement competency.
- Work collaboratively with wider stakeholders to maximise player development plans; including the ECB, parents/guardians, schools and clubs.

Other responsibilities

- Ensure player safety and welfare when using the performance gym.
- Actively engage with the pathway coaching staff to benefit technical skill development and construct optimal player workload plans.
- Attend in-house CPD events lead by the wider Sport Science and Medicine team.

Key Working Relationship

- Wider Hampshire County Cricket Sport Science and Medicine department, including the Head of Science and Medicine, Lead Strength and Conditioning Coaches, Academy Strength and Conditioning Coaches and Performance Nutritionist.
- Hampshire County Cricket Performance staff, including the Head of Player Development, Academy Player Development Manager, Men's and Women's 2XI Coaches.

Utilita Bowl

Utilita Bowl, Botley Road, West End, Southampton, Hampshire, SO30 3XH

T 02380 472002 E recruitment@utilitabowl.com

Experience and Qualifications

Essential

- Undergraduate degree in Strength and Conditioning, Sport Science, Sports Coaching, or a related field.
- Experience coaching youth athletes in S&C or a related field.
- First Aid qualification.
- Full Legal UK Driver's License.

Desirable

- Postgraduate degree in Strength and Conditioning.
- UKSCA Accreditation.
- S&C related qualifications e.g. NSCA, CSCS, Level 4.
- Experience coaching or playing sport.
- UKAD Coach Clean certificate.

Hours Of Work

Part-time 20 hours a week. Some evenings and weekends as required by the academy training schedule.

Considerations

All applicants must provide evidence to demonstrate that they have the Right to Work in the UK. Due to the temporary nature of this role, sponsorship for overseas nationals cannot be provided.

Utilita Bowl is an equal opportunities employer. We are committed to employment practices and behaviours that encourage diversity, promote equality of treatment and eliminate unlawful and or unfair discrimination. If you would like to request any accommodations from application through to interview, please email

We ensure that we have a range of policies and procedures in place which promote safeguarding and safer working practice across our organisation.

Safeguarding Statement

At Hampshire Cricket, safeguarding is central to everything we do. We are committed to providing a safe, welcoming, and inclusive environment where everyone is treated with dignity, respect, and care.

We are dedicated to protecting and promoting the welfare of children, young people, and adults at risk through effective safeguarding practices, education, and a culture of openness and accountability.

Anyone undertaking a role involving Regulated Activity, or who has regular contact with children, young people, or adults at risk, must complete the appropriate safer recruitment process, including obtaining the relevant ECB DBS clearance before starting their role.

Safer Recruitment Statement

Utilita Bowl

Utilita Bowl, Botley Road, West End, Southampton, Hampshire, SO30 3XH

T 02380 472002 E recruitment@utilitabowl.com



Hampshire Cricket is committed to recruiting staff and volunteers who share our commitment to safeguarding and promoting the welfare of children, young people, and adults at risk.

Our safer recruitment procedures include appropriate pre-employment checks, reference verification, and relevant ECB DBS checks where required. We expect everyone representing Hampshire Cricket to uphold our safeguarding values and help create a safe, positive, and inclusive environment for all.

Utilita Bowl

Utilita Bowl, Botley Road, West End, Southampton, Hampshire, SO30 3XH

T 02380 472002 **E** recruitment@utilitabowl.com